



Life Principles Notes™

How to Build Truth Into Your Life

Summary:

There is no genuine freedom apart from knowing the truth. Jesus promised to guide us into all truth through His Spirit. He said, “You will know the truth, and the truth will make you free” (John 8:32). Believers must not only know the truth, but build it into their lives through the work of the Holy Spirit.

James 1:23-25 warns us that we must do more than hear the Word—we must live it out. That

means building truth into our lives by turning to God’s Word. We will either walk in truth, or we will walk in darkness and deception. Wrong thinking leads to wrong decisions and wrong actions. Truth is the way things are, and it is our protection from falsehood.

Key Passage: [John 8:32](#)

Supporting Scripture: *James 1:23-25.*

Scriptural Principles:

1 Why should we build truth into our lives?

God wants us to discern the truth, first as protection from deception. We are instructed in the way things are because deception leads to destruction. Secondly, God’s truth provides revelation, conviction of our sins, guidance in decisions, wisdom in what is right, strength for our tasks, power for living, confidence in our skills, courage in danger, and comfort in life’s difficulties. God protects and provides for us in so many wonderful ways when we insist upon His truth over the world’s deceptions.

2 Build truth into your life by recognizing that you need it.

Before anything else, we must have a strong understanding of our need for truth in our lives. We realize that all of our core beliefs have been built by our past. Lies and deceptions will damage us, and therefore we have a powerful need for building our lives on God’s truth through His Word.

3 Build truth into your life by desiring it.

Not only must we realize our need for God’s truth, but we must also genuinely desire it. There are many people who realize the false foundations upon which they have built their lives, yet lack the motivation to change things. When God places a yearning in our hearts, He will provide the thing we desire. He assumes full responsibility for that provision as we act in faith and walk in obedience.

4 Build truth into your life by making a commitment.

Even after there is a desire for change, there must be a commitment to act. We must realize that true change will not be completed quickly. This requires us to simply begin by being patient and persevering through faith and obedience toward the truth which God wants to rebuild in our lives.

5 Build truth into your life by identifying a point of need.

The next thing we must do is identify a specific point of need in life. Someone may have a problem with finances. He must recognize that problem and realize that he has not based his financial practices on the truth of Scripture. We need to look to God's Word for answers.

6 Build truth into your life by searching the Word of God.

Discover what God says about your concern in His Word. If you don't know how to search the Scriptures for a particular topic, use a concordance or some other indexing tool to find all the biblical passages dealing with your issue of need. Be thorough in studying what is said throughout the Bible about that topic.

7 Build truth into your life by applying what you have learned.

After you come to an understanding of what God says about a personal issue in your life, begin the process of personal application. Ask how these Biblical verses apply to your situation. If we read the Word without obeying it, we are like the man who walks away from the mirror and forgets his own reflection. (James 1:23-25)

8 Build truth into your life by observing the results.

As we study and apply the Word of God, we can begin to observe the changes that occur. Are our lives beginning to reflect the truth? Are we seeing the work of God in our area of personal need? Keep a record of your prayer requests and pay close attention to His answers.

9 Build truth into your life by continually embracing the truth.

Awesome and wonderful things happen when a life is built upon the truth. The Word of God is eternal and perfect, and we cannot help but reflect His glory as we base our lives more and more on His truth. We begin to search His Word even deeper, for the fruit is so good that we are eager to taste more of it.

10 Build truth into your life by pursuing it in different areas.

There are many areas and methods for building truth into our lives. Make it a priority to read godly books and devotionals. In addition, seek Godly fellowship and counsel as you look for ways to pursue God's truth.

11 Build truth into your life by making a record of it.

Many believers forget to take the important step of keeping a written record of the work of God in their lives. We grow more effectively when we keep journals of prayer life, sermons and Bible studies. Devotional readings provide opportunities for God to teach us new and wonderful truths that we can apply daily.

12 What are the rewards of building truth into your life?

As we build truth into our lives, we learn the ways of God. We develop the wisdom of spiritual discernment so that we can make better decisions. As our intimacy with God grows stronger, peace dwells in our heart, and anxiety fades away. There begins to be more power and confidence in every area of our lives, and we live each day in joyful anticipation. We make a greater impact on others as we are equipped for greater service.

Conclusion:

Wouldn't it be wonderful to know the truth in every area, and to live by it each day? You can be assured that it is the privilege of every single child of God. He never intended you to live in confusion and doubt, or to suffer misery because of the countless lies and deceptions that fill this world.

The truth of God is right at our fingertips.

His truth is as close as the Holy Spirit living within your heart. Jesus Christ, who told us He was the truth, said that we could know it and it would set us free. My friend, have you been set free by that awesome, liberating truth of the power and presence of God? 🙏

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