The Consequences of Disobedience in the Garden of Eden

KEY PASSAGE: Genesis 1:16-24 | SUPPORTING SCRIPTURES: Genesis 2:9; 3:6-24; 4:1-8; 6:5-6, 8; Romans 6:23 | 1 John 1:9

SUMMARY

Making important decisions without considering the consequences is foolish and dangerous, yet people do this every day.

And many times they end up regretting the choices and realize too late that there are irrevocable consequences. Their hopes and dreams are shattered, and there’s no turning back. This is exactly what happened to Adam and Eve when they foolishly chose to disobey God in the Garden of Eden.

SERMON POINTS

All our actions have consequences; therefore, we should carefully consider the ramifications of our choices before we act. The story of Adam and Eve’s disobedience in Genesis 3 warns us about the consequences of ignoring God and His commands and choosing to yield to temptation.

The Consequences of Adam and Eve’s Sin in the Garden of Eden

- **It put them at odds with each other** (Gen. 3:6-13). After eating from the Tree of the Knowledge of Good and Evil, Adam and Eve’s eyes were opened, and they knew they were naked. Something within their spirits died, and they now saw each other in a different way and felt shame. They attempted to cover their nakedness with fig leaves, and futilely tried to hide from God behind the trees. Then when the Lord questioned them about their sin, Adam blamed Eve, and she blamed the serpent. Their relationship with each other was forever changed and marred by sin.

- **It put them at odds with God** (Gen. 3:7-8). Before sinning, Adam and Eve loved the Lord, but now they were afraid and tried to hide from Him because they felt guilty and ashamed. One bite of the forbidden fruit had ruined everything for them, including their relationship with their Creator. The consequences for their disobedience brought a curse upon the ground, a struggle to provide for themselves, pain and suffering, and eventual death (vv. 17-19). They were separated from the Lord both spiritually and physically as He drove them out of the Garden of Eden to begin life in a cursed environment.

- **It put their children at odds with each other** (Gen. 4:1-8). Adam and Eve’s sin didn’t end with them but was passed on to their children. Sin is never an isolated event because the consequences always extend to touch others in some way or another. Adam and Eve had two sons, Cain, who was a farmer and Abel, who was a shepherd. When they both came to offer sacrifices to the Lord, Cain brought the fruit of the ground, but Abel offered an animal from his flock.
Shortly after Adam and Eve sinned, the Lord had made it clear that fig leaves could not cover sin but only the blood of an animal that He killed to cover them with garments made of skin. God demonstrated that the price of sin is death and that the shedding of blood is essential for the forgiveness of sin. Therefore the only way to approach Him in worship was with a blood sacrifice.

Cain knew what the Lord demanded, but instead of trading his produce with Abel in exchange for a lamb, he brought a bloodless sacrifice. When the Lord didn’t accept it, he became angry and jealous of his brother and killed him.

Sin is progressive in nature and intensifies with time. First, Eve sinned by eating the fruit; then she gave it to Adam who also ate; and now sin had spread to their entire family, resulting in the murder of one son by the other. Romans 6:23 proved true: “The wages of sin is death.”

We never know where the consequences of sin will lead. Although we may try to hide our sin, it cannot be contained and will just worsen. The only solution for sin is the blood of Jesus Christ which blots it out.

Sin continued to increase with time, and by Noah’s day, “The Lord saw that the wickedness of man was great on the earth, and that every intent of the thoughts of his heart was only evil continually” (Gen. 6:5). Only Noah found favor in His eyes because he alone was a righteous man who walked with God (v. 8). Everyone else, except Noah and his family, was killed by the Lord in a worldwide flood.

Sin still wreaks our lives. The results may not be seen immediately or even in a few years, but sooner or later, the consequences will come. The only way to deal with sin is to admit to ourselves and the Lord that we have disobeyed Him. We must confess our sins, agreeing with God that they are an act of disobedience against Him and asking Him to forgive us on the basis of the shed blood of His Son on the cross (1 John 1:9).

RESPONSE

- How often do you consider the consequences before yielding to temptation? What would happen if you thought through all that could come about if you chose to follow that path of sin? How could this change your response?
- How has sin put you at odds with other people? How is God working in your life to correct sinful attitudes and practices so your relationships can be restored?
- The most important relationship broken by sin is between mankind and God. Have you ever come to Christ in repentance and faith to receive His forgiveness and reconciliation with the Father? If not, please do this today.

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